## HEALTH EDUCATION PROGRAMS REFERRAL

## 306 Rexdale Blvd Toronto, On M9W 1R6 Ph: 416-342-5140 F: 416-342-5148

## Referring Physician/Agency

Physician/Agency Name:
Address:
City:
Patient Details
Name:
Address:
City:
Health Card Number:
Email Address:

## PH:

F:
Postal Code:

Home PH:
Cell PH:
Postal Code:
D.O.B.:

## Reason for Referral

## Diabetes Education Program:

$\square$ Diabetes Education - Diet \& Lifestyle $\quad$ Pre-Diabetes Education - Diet \& Lifestyle
$\square$ Diabetes Education + Insulin Titration/Teaching $\quad$ GLP \& Insulin Starts + Education

## Dietitian Program:

| $\square$ Hypertension | $\square$ Cholesterol | $\square$ Weight Management |
| :--- | :--- | :--- |
| $\square$ Infant \& child Nutrition |  |  |
| $\square$ Menapause | $\square$ Pregnancy Nutrition <br> $\square$ Renal Diets, other | Gastric Health Issues, Food Allergies, |
| Mental Health Program: <br> $\square$ Depression $\square$ Anxiety | $\square$ Trauma $\quad \square$ Social/Behavioral Issues | $\square$ |

Physical Activity Program: Walking Group (Nordix Pole)
Medical clearance needed - form available at www.woodbinefht.ca - Programs - Nordix Pole Walking Group
Memory Clinic: Separate referral form needed www.woodbinefht.ca - Programs - Memory Clinic

- Please attach CPP including current medications
- For Diabetes and Dietitian programs please attach all recent laboratory results: A1C, FPG or RG, lipid profile, Creatinine, eGFR, potassium, sodium, other labs relevant to referral reason.
- Diabetes Program for GLP or Insulin Start:

| GLPIInsulin | Dose | Time |
| :--- | :--- | :--- |
|  |  |  |
|  |  |  |
|  |  |  |

$\square$ Continue current diabetes medications $\quad$ Stop these medications after GLP/Insulin start
Titration for Insulin to be performed and taught to patients as per outlined in Diabetes Canada Clinical Practice Guidelines
$\qquad$

## Date

$\qquad$

