

# WOODBINE FHT PROGRAMS REFERRAL

306 Rexdale Blvd Toronto, On M9W 1R6 Ph: 416-342-5140 F: 416-342-5148

**Referring Physician/Agency**

Physician/Agency Name: \_\_\_\_\_ PH: \_\_\_\_\_  
 Address: \_\_\_\_\_ F: \_\_\_\_\_  
 City: \_\_\_\_\_ Postal Code: \_\_\_\_\_

**Patient Details**

Name: \_\_\_\_\_ Home PH: \_\_\_\_\_  
 Address: \_\_\_\_\_ Cell PH: \_\_\_\_\_  
 City: \_\_\_\_\_ Postal Code: \_\_\_\_\_  
 Health Card Number: \_\_\_\_\_ VC: \_\_\_\_\_ D.O.B.: \_\_\_\_\_  
 Email Address: \_\_\_\_\_

**Reason for Referral**

- Diabetes Education Program:**
  - Diabetes Education     Pre-Diabetes     GLP Starts     Insulin Starts / Titration
  - Dietitian Program:**
  - Hypertension     Cholesterol     Weight Management     Renal Diets     Pregnancy Nutrition
  - Infant & child Nutrition     Gastric Health Issues, Food Allergies     Other
  - Mental Health Program:**     Depression     **STOP Nicotine Dependence Program**
  - Anxiety     Trauma     Social/Behavioral Issues     **Lung Health Program: Spirometry Testing**
  - Women's Health: PAP testing**     **Foot Care Clinic (NO OHIP)**
  - Physical Activity Program:** *Walking Group (Nordix Pole)*
- Medical clearance needed – form available at [www.woodbinefht.ca](http://www.woodbinefht.ca) - Programs – Nordix Pole Walking Group
- Memory Clinic:** Separate referral form needed [www.woodbinefht.ca](http://www.woodbinefht.ca) - Programs – Memory Clinic

- Please attach patient profile including current medications
- For Diabetes and Dietitian programs please attach all recent laboratory results: A1C, FPG or RG, lipid profile, Creatinine, eGFR, potassium, sodium, other labs relevant to referral reason.

- Diabetes Program for GLP or Insulin Start:

GLP/Insulin	Dose	Time

- Continue current diabetes medications     Stop these medications after GLP/Insulin start:
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Titration for Insulin to be performed and taught to patients as per outlined in Diabetes Canada Clinical Practice Guidelines

Physician Signature ..... Date .....