

HEALTH EDUCATION PROGRAMS REFERRAL

135 Queens Plate Dr. Suite 120, Toronto, On M9W 6V1 Ph: 416-342-5140 F: 416-342-5148

Referring Physician/Agency		
Physician/Agency Name:	F	PH:
Address:	J	₹:
City:		
Postal Code:		
Name of Contact:	F	Email address:
Patient Details		
Name:	Home PH:	
Address:	Cell PH:	
City:		Postal Code:
Health Card Number:	VC:	D.O.B.:
Email Address:		
Reason for Referral		
Diabetes Education Program		
□ Diabetes Education – Diet & Lifestyle □ Pre-Diabetes Education – Diet & Lifestyle		
□ Diabetes Education + Insulin Titration/Teaching □ GLP & Insulin Starts + Education		
Dietitian Program		
	□ Cholesterol □ We	eight Management
□ Infant & child Nutrition □ Pregnancy Nutrition □ Gastric Health Issues, Food Allergies,		
Renal Diets, other		
Mental Health Program		
□ Depression □ Anxiety □ Trauma □ Social/Behavioral Issues		
Walking Group (Nordix Pole) Medical clearance needed – form available at www.woodbinefht.ca under Programs – Nordix Pole Walking Group Memory Clinic – Separate referral form needed found at www.woodbinefht.ca under Programs – Memory Clinic		
Please attach all recent labo sodium, other labs relevant	- · · · · · · · · · · · · · · · · · · ·	RG, lipid profile, Creatinine, eGFR, potassium,
Please attach CPP including current medications		
• For GLP or Insulin Start:		
		m:
GLP/Insulin	Dose	Time
□ Continue current diabetes medications □ Stop these medications after GLP/Insulin start:		
		
Titration for Insulin to be performed and taught to patient as per outlined in Diabetes Canada Clinical Practice Guidelines		
Physician Signature		Date